

Theme: Latin American Food

Grade Level: K-5

Objectives: Students will be able to identify the historical and cultural significance of food in Latin America as well as compare and contrast these aspects of culture to their own.

Goals:

Students will learn about indigenous and modern-day food culture in Latin America.

Essential Questions:

What does meal time look like in different Latin American countries?
How does food in Latin America compare to food in the united states?

Lesson:

1) What does meal time look like in different Latin American countries?

- Students will set up an authentic Mexican meal scene using the following contents from the suitcase:
 - 1 bag of Mexican tablecloth and cloths
 - 1 bag of embroidered coasters
 - 1 bag of P'uku
 - 1 bag of putuku & pots
- Students will set up an authentic Southern Cone meal scene using the following contents from the suitcase:
 - 2 tablecloths
 - 1 bag of beans
 - 1 bag of mate and bombilla
 - 1 wooden cup for drinking mate

- With the authentic meal scenes set up in front of the class, the teacher will facilitate a compare and contrast discussion while creating a venn diagram of the students' ideas.

2) How does food in Latin America compare to food in the U.S.?

- Using the following contents, students will observe popular foods from different Latin American countries, and compare them with popular food in the U.S.:
 - 1 poster with a recipe (Panama)
 - 1 DVD: *Flavors of Peru*
 - 3 Recipe books
 - 1 Plastic bag of varied foods in cans, jars, and bags

Activity:

Using the contents from lessons 1 & 2, students will create a family meal scene in Latin America. Using the authentic table settings and food, students should engage in conversation about what they have learned about Latin American food.